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The "Just Ask" Talk Show
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The "Just Ask" Foundation, Inc.

Presents

A "HEALTH AND FUN FAIR" *Celebrating the Human Spirit: Honoring the Disabled, Elderly and their Caregivers with a Day of Fun and Relaxation*

Detroit, MI: Today, the "Just Ask" Foundation, Inc., announced that they will host their first annual "Health & Fun Fair: Celebrating the Human Spirit" event to honor the disabled, elderly and their caregivers.

**The free event will be held on Thursday, October 21, 2021 at EASTERN MARKET SHED #5
3924 Russell St, Detroit, MI 48207 From 10 AM - 2 PM.**

According to Marsha Florence, President of the Board of Directors for the Just Ask Foundation, Inc., and Executive Producer of the "Just Ask" Talk Show "This free event will be a day of interactive fun for seniors, disabled persons, caregivers and the general public as a way to provide relief and support from the effects of the COVID 19 pandemic on some of our most vulnerable populations."

There will be a variety of inclusive, fun, carnival-themed activities, including games, health screenings, massages, music, dancing, face painting, clowns, balloon artistry and prizes galore!

If you would like to be a part of this very special event which is sure to spread smiles, fun as well as health and resource information, "Just Ask" organizers are still seeking volunteers, raffle donations and vendors for this year's event. Register as an attendee, volunteer or vendor online at www.justasktalkshow.org or call 248-761-3739 or 800-323-5336 for more information.

About "Just Ask": The "Just Ask" Foundation, Inc. is a Michigan 501(c)3 non-profit organization. Since April 1995, "Just Ask" has successfully assisted individuals with disabilities and senior citizens, in securing crucial resources for the Improvement of their quality of life. Through its media arm, The "Just Ask" Talk Show, established in 1998, "Just Ask" has been able to provide viewers in the Detroit Metropolitan Area and beyond with information regarding services and resources that enable persons with disabilities and senior citizens to fully participate in everyday life. Find out more at: www.justasktalkshow.org or tune in every Wednesday at 5:30am and Fridays at 2:30pm on PBS Channel 56 to get your weekly resources!